

Club Sports Waiver and Release of Liability

Club Name _____

Participant's Name: _____

In consideration of my participation in Plumas Lake Wrestling Club, I hereby forever release and covenant not-to-sue Plumas Lake Wrestling Club and any of their employees, instructors, volunteers, agents, coaches, and all others who are involved, from any and all present and future claims resulting from ordinary negligence on the part of Plumas Lake Wrestling Club or others listed for property damage, personal injury, or wrongful death, arising as a result of my engaging in or receiving instruction in club sports activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I hereby voluntarily waive any and all claims both present and future, resulting from ordinary negligence, that may be made by me, my family, estate, heirs, or assigns, and I relinquish on behalf of myself, spouse, heirs, estate and assigns the right to recover for injury or death. I am aware that wrestling at Plumas Lake Wrestling Club is a vigorous team activity that can involve severe cardiovascular stress and violent physical contact. I understand that participation in club sports can involve certain risks, including, but not limited to, death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injury to virtually all bones, joints, muscles, and internal organs, and that equipment provided for my protection may be inadequate to prevent serious injury. In addition, I understand that participation in club sports involves activities incidental thereto, including, but not limited to, travel to and from the site of the activity, participation at sites that may be remote from available medical assistance, and the possible reckless conduct of other participants. I am voluntarily participating in this activity with knowledge of the danger involved and hereby agree to accept any and all risks of property damage, personal injury, or death. I further agree to indemnify and hold harmless Plumas Lake Wrestling Club and others listed for any and all claims arising as a result of my participation in club sports activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I understand that this waiver is intended to be as broad and inclusive as permitted by the laws of the State of California, and I agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be in the state of California. I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that, by signing this form, I am giving up legal rights and/or remedies which may be available to me for the ordinary negligence of Plumas Lake Wrestling Club or any of the parties listed above.

CAUTION: READ THIS DOCUMENT CAREFULLY BEFORE SIGNING!

(Signature of Participant)

Date Signed

(Signature of Parent/Guardian if Participant is a minor)

Date Signed